

Don't Forget Your LOVENOX®!

LOVENOX® should be injected at the same time every day. To help you remember, write your injection time on the attached sticker. Place sticker where you will easily see it, like your bathroom mirror or refrigerator.

At Home with
LOVENOX®



Please see Full Prescribing Information for LOVENOX®, including boxed **WARNING**, in this kit

LOVENOX®
(enoxaparin sodium injection)



Step-by-Step Instructions for self-injection



1. Wash and dry your hands thoroughly.



2. Sit or lie in a comfortable position, so that you can see your abdomen.



3. Choose an area on the right or left side of your abdomen, at least 2 inches from your belly button. Think “love handles.”



4. Clean the injection site with alcohol swab. Let dry.



5. Remove needle cap by pulling it straight off the syringe and discard in sharps collector.

Important Safety Information for LOVENOX®

You should call your doctor immediately if you notice any of the following: unusual bleeding or bleeding that lasts a long time, unusual bruising, signs of thrombocytopenia (such as a rash or dark spots under the skin), tingling or numbness (especially in the lower limbs), and muscular weakness.



6. Hold syringe like a pencil in your writing hand.



7. With other hand, pinch an inch of the cleansed area to make a fold in skin. Insert full length of needle straight down — at a 90° angle — into the fold of skin.



8. Press plunger with your thumb until syringe is empty.



9. Pull needle straight out at the same angle that it was inserted, and release skin fold.



10. Point needle down and away from yourself and others, and push down on plunger to activate safety shield.



11. Place used syringe in sharps collector.



Time for LOVENOX®!

_____ AM/PM

LOVENOX[®]
(enoxaparin sodium injection)[™]

www.lovenox.com



Please see Full Prescribing Information for LOVENOX[®], including boxed **WARNING**, in the patient discharge kit.

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